

Friday, May 8, 2026

THE WEST WEEKLY

#15 FROM A CHANCE ENCOUNTER TO A 43-YEAR LEGACY

PHOTO HIGHLIGHTS

Read Across Jamaica Day held on May 5, 2026 saw a dynamic swap between Harrison Memorial and Mt. Salem Primary and Infant School! Organized by the Children's Ministries Department, this exchange program allowed students, teachers, and administrators from both institutions to cross campuses and impact one another through the power of literacy.pg5



GLENDIVON CHURCH "CLOSET DAY" SERVES COMMUNITY

ST. JAMES, Jamaica — On Sunday, April 19, the Community Services Department of the Glendivon Seventh-day Adventist Church hosted a meaningful and impactful "Closet Day," extending practical care and Christian love to members of the surrounding communities. The initiative provided free clothing, shoes, toiletries, food packages, spiritual literature, and other essential items to individuals and families in need.



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GLENDDEVON CHURCH “CLOSET DAY” SERVES COMMUNITY



Venis Erskine-Kerr, Assistant Community Services Director at the Glendevon Seventh-day Adventist Church, presents a young resident with items during the church's "Closet Day" on April 19.

ST. JAMES, Jamaica — On Sunday, April 19, the Community Services Department of the Glendevon Seventh-day Adventist Church hosted a meaningful and impactful “Closet Day,” extending practical care and Christian love to members of the surrounding communities. The initiative provided free clothing, shoes, toiletries, food packages, spiritual literature, and other essential items to individuals and families in need.

The initiative reflected the church's mission to serve not only within the walls of worship but also within the heart of the community. The church hall was transformed into an organized distribution space, with tables carefully arranged with school items, baby supplies, and various donated goods. Community members selected items that met their specific needs, while volunteers worked diligently to assist, pack, and distribute the donations.

Venis Erskine-Kerr, Assistant Community Services Director, highlighted the far-reaching impact of the drive. “We had people who came to us from varying communities,” she noted. “We had some coming from Westmoreland; one woman collected large bags of items for members of her community. Most of the people there lost their homes, which were damaged by Hurricane Melissa, and they are still trying to rebuild. We ensured that they got a full supply of items so that they can assist those in

their neighborhood.”

One highlight of the event was the spirit of compassion and dignity shown to all attendees. Volunteers assisted recipients with sorting garments and helping them find suitable items for their families. The distribution of spiritual books also reinforced the church's commitment to meeting both physical and spiritual needs.

According to the final report submitted by the Community Services Director, Sister Janet Reid-Moore, “a total of 40 persons were served, including individuals from as far as Darliston. The day's distribution included:

- 1,582 pieces of clothing and 85 pairs of shoes
- 156 toiletries and 61 packs of diapers
- 46 packs of sanitary napkins and 24 food packages
- 21 spiritual books, including *The Great Controversy*, *Steps to Christ*, and *Last Day Events*
- Additional items, including towels, bedding, toys, and healthcare supplies.”

The Closet Day was made possible through the generosity of church members and friends. Special appreciation was extended to the Community Services leaders in charge, sisters Janet Reid-Moore, Jacqueline Jackson, and Venis Erskine-Kerr, along


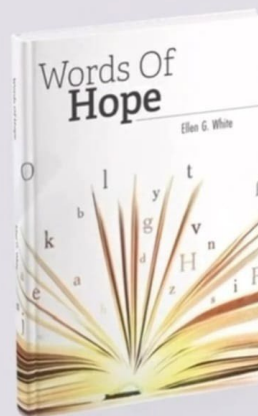
with a committed team of volunteers: sisters Vivia Robinson, Shananka Bradly, Maudrian Bernard, Karen Spence- Bernard, and Tereta Cummings, and Brothers Gladstone Dobbs and Osbourne Foster.

The Glendevon SDA Church Community Services Department continues to demonstrate the love of Christ through active service. The work is being done “for the Master,” and the department asks for continued prayers as they serve. Closet Day was more than a giveaway; it was a ministry of kindness, hope, and practical support. Through this initiative, Glendevon Seventh-day Adventist Church reminded the community that they are not alone and that help is always within reach.

By Peter-kay Malcolm | Glendevon Seventh-day Adventist Church

THE WAIT IS OVER WORDS OF HOPE

2026 Book of the Year
NOW AVAILABLE



Timeless stories of Jesus
with lessons for everyday life.

A call to generosity, humility,
and hope.



WEST WEEKLY NEWSLETTER

Do you want to keep up with what is happening in our church? If you want to receive our weekly newsletter that features news, inspirational stories, videos, and more, sign up today.



PHOTO HIGHLIGHTS

Read Across Jamaica Day and exchange program on May 5, 2026 Photo Credit: Contributed



FROM A CHANCE ENCOUNTER TO A 43-YEAR LEGACY



Pr. Glen Samuels, then President of the West Jamaica Conference presents Paul Watson with an award of recognition for his dedicated service to Adventist Education at the West Jamaica Conference auditorium on September 25, 2025. The ceremony, held during a Conference Workers Meeting, served as a formal tribute to Watson following his retirement from Harrison Memorial High School.

MONTEGO BAY, JAMAICA — In 1982, Paul Watson did not have an appointment with destiny; he was simply walking through Montego Bay. He didn't have a resume in hand, nor did he have plans to step into a classroom. Yet, a chance encounter on a city street sparked a career in education that would span over four decades and touch countless lives.

Watson's story is one of a profession he didn't initially seek, but one he came to deeply cherish. Reflecting on a tenure that lasted 43 years, Watson describes his journey with a simple, resonant truth: "It was very good because I loved what I did."

The "Application" That Wasn't

At the time, Harrison Memorial High School was facing a sudden crisis, lacking both a Biology and Chemistry teacher.

"A teacher that saw me in Montego Bay held on to me," Watson recounted. "We walked to the school and she brought me into the principal's office and said to Mrs. Wright, Paul is finished and we need a Science and Biology teacher, and he did sciences."

Without the formality of an interview or a single application form, Watson was ushered into the

staff room. The veteran teacher packed a stack of books into his arms and led him toward a classroom with a humble request: Just for today.

"For that first unprepared sitting, I said to myself, 'I didn't do badly,' and I went through for the rest of that day," Watson said. "At the end of the day she said, 'See you tomorrow.' I didn't fill out an application form for a job... and it has turned into 43 years."

Lessons Beyond the Laboratory

While he was hired to teach the complexities of Chemistry and Biology, the classroom ended up teaching Watson something far more profound. He notes that the four-decade journey transformed his character as much as it informed his students minds.

"This experience has taught me submission; it has humbled me tremendously," Watson reflected. "It has taught me to love people, especially young people."

His dedication was fueled by a deep-seated faith. For Watson, the classroom was not just a place of academic instruction, but a platform for a higher calling. He maintains a firm belief that when God is behind a purpose, success is inevitable.

A Legacy of Faith and Service

As he looks back on his long tenure, Watson sees his work as a contribution to a larger mission.

Through his commitment to education, he was able to support his students, provide for his own journey, and contribute to the work of evangelism.

For a man who entered the gates of Harrison Memorial High School on a whim, and now, in the quiet of retirement his hope remains simple and profound:

"I hope when I have gotten to the end of my tenure here on earth," Watson concluded, "that God will say, Well done."

by Shantel Neal | West Jamaica Conference

2026 DEVOTIONAL BOOKS



Reserve yours now!

IADPA

WEST WEEKLY NEWSLETTER

Do you want to keep up with what is happening in our church? If you want to receive our weekly newsletter that features news, inspirational stories, videos, and more, sign up today.





NEWS FROM THE INTER-AMERICAN DIVISION

More than 20,000 Reached Through Nationwide Health Outreach in Nicaragua

Adventist Church-led initiative mobilizes communities, expands outreach, and promotes lasting healthy lifestyles

April 15, 2026 | Arecibo, Puerto Rico | Laura Durán and Libna Stevens, Inter-American Division News

More than 20,000 people benefited from a large-scale health impact across Seventh-day Adventist churches, community centers, and parks throughout Nicaragua from April 5–12. The weeklong initiative included health expos, medical consultations, and blood drives, engaging members of all ages in hundreds of communities.

The initiative was part of Total Health Impact, a coordinated effort across the Seventh-day Adventist Church in the Inter-American Division (IAD) that launched in Central America this year, mobilizing health professionals and church members to promote healthy lifestyles through community outreach.



Community members in Bilwi, Puerto Cabezas, receive medical care during a health outreach at the Porteño Adventist School, where services were provided by the Nicaragua Adventist Hospital. [Photo: Nicaragua Union]

The large-scale outreach was coordinated with evangelistic efforts across Nicaragua, helping strengthen more than 100 centers of influence where individuals first reached through health activities could continue engaging through ongoing programs and spiritual outreach.

Franck Génés, M.D., health ministries director of the IAD and lead organizer of the Total Health Movement initiative, described the impact in Nicaragua as significant. He was joined by a team from the Health-Promoting University program at Montemorelos University—part of the leadership supporting the church's "I Want to Live Healthy" initiative—and took part in activities in Puerto Cabezas, where more than 5,000 people were reached in one day on Apr. 11.



Franck Génés, M.D., health ministries director of the Inter-American Division, speaks during a health outreach in Puerto Cabezas, Nicaragua, on April 11, 2026, while church leaders stand behind him. More than 5,000 people were served during the outreach. [Photo: Nicaragua Union]

Hundreds received free medical checkups and consultations during the large-scale outreach led by medical staff and leaders of the Nicaragua Adventist Hospital in the northeastern region of the country.

Church-wide Effort Strengthens Community Service

Génés said the initiative centers on service as a core expression of the church's mission, reflecting a broader understanding of health ministry.

"This initiative unites members, departments, and institutions—and that is exactly what we saw."



Pathfinder volunteers take part in a toy distribution in Bilwi, Puerto Cabezas, where 1,500 toys were presented to children and adolescents through a collaborative outreach led by youth, family, women's, and health ministries. [Photo: Nicaragua Union]

"The Total Health Impact focuses on the service component of the Total Health Movement—practice, share, and serve," he said.

Health ministry is not just for healthcare professionals, but for every church member,

explained Génés. "We are talking about wholistic health, addressing not only physical needs but all dimensions of well-being." Dr. Génés along with church leaders visited radio stations that carried the impact throughout the week nationally.

Local church leaders reported more than 170,000 were reached through digital platforms, expanding the message of healthy living across the country.



Left to Right: From left to right: Roy Forbes, Adventist Radio director in Puerto Cabezas; Adriél Vega, operational coordinator of the Health-Promoting University program at Montemorelos University; Héctor Alvarado, Nicaragua Union treasurer; and Franck Génés, M.D., IAD health ministries director, share about the Total Health Movement in a recording studio, broadcasting in Spanish, English, and Miskito. [Photo: Nicaragua Union]

Elieta Maltez, health ministries director for the Nicaragua Union, said the initiative extended beyond a single week.

"The Total Health Impact in Nicaragua was not just a week—it was a demonstration of love in action," she said. "Through health fairs, medical brigades, seminars, school presentations, blood drives, and community outreach, thousands were impacted and communities were blessed."



Socorro María Úbeda, M.D., (center), administrator of Nicaragua Adventist Hospital, speaks with leaders during a community outreach in Puerto Cabezas led by the church and the Nicaragua Adventist Hospital. [Photo: Nicaragua Union]

Education Initiatives Engage Students and Families
Education played a key role in the Total Health Impact, reaching more than 1,600 students and parents in Adventist schools across Nicaragua—many of whom are not members of the church.

[Please click to view more](#)

CALENDAR OF MISSION 2026

May

- 1 - 31 CELEBRATIONS - Emphasis on Beliefs
- 1 - 31 Stewardship - Emphasis on Treasure
- 1 - 31 Child's Month/ Children in Mission Evangelism
- 1 - 31 Drug Addiction & Awareness Month
- 2 Community Services Day/ Lay Preachers & Bible Workers' Federation Rally - St. James
- 3 Communion with God - Hour of Prayer
- 3 Community Services Expo
- 2 - 4 May It Go Well with You - Public Campus Ministries
- 6 Teachers' Day
- 9 Adventist Volunteer/ VividFaith Day
- 9 Men & Beams, and Couples Rally - St. Elizabeth
- 10 Mother's Day Concert
- 10 - 15 Celebration of the Family in Schools - Family Week of Prayer
- 12 Executive Committee Meeting
- 16 Global Adventurer Day/ Church Clerk 7th Sabbath Attendance Count
- 21 Ministerial Development Seminar
- 23 UNASSIGNED
- 24 - 25 Labour Day Projects - EYES Hurricane Outreach Projects: See the Need, Meet the Need (GOS, KMG)
- 24 - 30 Children's Evangelism Week (CSJ)
- 25 Public Holiday - Labour Day
- 30 Children's Baptismal Day (CSJ)

JAMU EVENTS

MAY

Jamaica Union Conference

INVITES YOU TO THE



SERVICE OF INAUGURATION

FOR THE NEWLY ELECTED ADMINISTRATION OF THE JAMAICA
UNION CONFERENCE FOR THE QUINQUENNIAL 2026-2030

Grounded in the Bible
Focused
on **Mission**



GUEST SPEAKER

PR. GLEN SAMUELS
PRESIDENT

PR. KARL ARCHER
EXECUTIVE
SECRETARY

PR. ADLAI BLYTHE
TREASURER

PASTOR DE LOS SANTOS
PRESIDENT, INTER-AMERICAN
DIVISION

SABBATH
MAY 09 2026
Starting at 3:30 PM

VENUE:
Northern Caribbean University,
Gymnatorium

LIVESTREAM 
@JamaicaUnionConference

FAMILY MINISTRIES


MAY




West Jamaica Conference
Family Ministries Department

MEN, BEAMS AND COUPLES *Rally*

"ALL FAMILY IN MISSION: GOD'S IDEAL"



Guest Speaker:
Dr. Roy Dennis
Stewardship & Family Life
Ministries Director – JAMU



Norman Thompson
Family Ministries Director,
West Jamaica Conference

Sabbath
May
2026

9

9am

© Santa Cruz
Seventh-day Adventist,
St. Elizabeth

CONFERENCE EVENTS

MAY



West Jamaica Conference
Women's Ministries

Expressions of Love

MOTHERS' DAY

Concert & Extravaganza

Date: **May 10, 2026**

Starting Time: **3 pm**
Seventh-day Adventist Conference Center

Ticket:

- **\$1500** pre-sold • **\$1800** at the gate
- Children pay at the gate: **\$1000** (12 years and under)

Giveaways include:

- Grocery & Health vouchers • Books
- Other prizes & surprises

MC

Mical Forsythe



Walton Shaw

Grandma and Kieth

Freeburn Family

Emeralds Singers

Nathaniel McIntosh

Inspirational Hands in Praise

& Many others...

Tahj'Dre Brydson

REFRESHMENTS ON SALE

PROCEEDS IN AID OF MOTHERS AFFECTED BY HURRICANE MELISSA

CHILDREN'S MINISTRIES

MAY



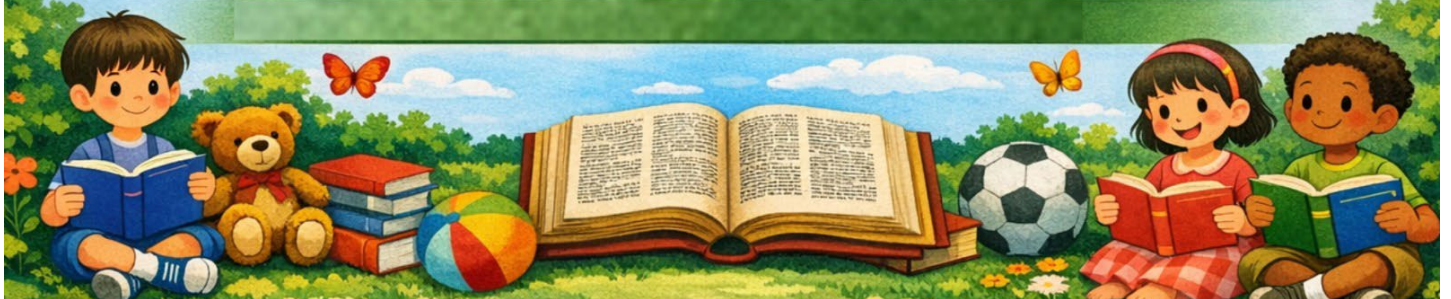
West Jamaica Conference
Children's Ministries Department



Child's Month 2026

Bible Verses for Each Day

May 1 Mark 10:14	May 2 Psalm 127:3	May 3 Isaiah 54:13	May 4 Proverbs 22:6	May 5 Psalm 139:14	May 6 Philippians 4:7	May 7 Matthew 18:10
May 8 Jeremiah 29:11	May 9 3 John 1:4	May 10 Psalm 91:11	May 11 Psalm 91:11	May 11 Ephesians 6:1	May 12 Joshua 1:9	May 13 Joshua 1:9
May 14 Isaiah 40:31	May 15 Psalm 34:18	May 15 Luke 2:52	May 16 Psalm 2:52	May 17 Romans 15:13	May 18 Deuteronomy 6:6-7	May 20 1 Peter 5:7
May 21 Psalm 68:6	May 22 Matthew 11:28	May 23 Proverbs 17:6	May 24 Proverbs 17:6	May 25 Zephaniah 3:17	May 26 Psalm 66:6	May 27 Psalm 147:3
May 29 Psalm 147:3	May 27 Colossians 3:21	May 28 2 Timothy 1:7	May 29 James 1:17	May 30 Psalm 46:1	May 30 Psalm 46:1	May 31 Numbers 6:24-26



GENERAL CONFERENCE

MAY

GENERAL CONFERENCE
ADVENTIST YOUTH MINISTRIES



MAY 16, 2026

gcyouthministries.org

PERSONAL MINISTRIES

MAY



WEST JAMAICA CONFERENCE

Personal Ministries Department

LAY PREACHERS' & BIBLE WORKERS' FEDERATION RALLY

THEME: **GROUNDING IN THE BIBLE, FOCUSED ON THE MISSION, RESTORING HOPE**

MAY
23, 2026

Venue: Seventh-day Adventist Conference Centre
Mount Salem Rd, Montego Bay

Starting @ **9AM**

Guest Presenters



Pr. **Jermaine Johnson**
President, North Jamaica Conference



Pr. **Omar Oliphant**
PARL Director, EJC & Pastor, Andrews Memorial SDA Church

EXPECTED ATTENDEES:

Personal Ministries Leaders and Secretaries, Lay Preachers, Bible Workers Interest Coordinators and all other Personal Ministries Personnel.

PERSONAL MINISTRIES

JUNE



WEST JAMAICA CONFERENCE
Personal Ministries Department

WESTMORELAND

LAY PREACHERS & BIBLE WORKERS' FEDERATION RALLY

& the Launch of **Proclamation of Hope Series**

THEME: **GROUNDING IN THE BIBLE,
FOCUSING ON THE MISSION, RESTORING HOPE**

JUNE 6, 2026

SEVENTH-DAY ADVENTIST CHURCH
FOOTPRINTS

Savanna-la-Mar, Westmoreland,
Jamaica

Guest Presenters



DIVINE WORSHIP
Pr. Jermaine Johnson
President,
North Jamaica Conference



SABBATH SCHOOL
Pr. Barrington Mclean,
Sabbath School Director
JAMU



AFTERNOON SPEAKER
Dr. Joseph Smith
Vice President / Ministerial Secretary
JAMU

EXPECTED ATTENDEES:

Lay Preachers, Bible Workers, Personal Ministries Leaders
and Secretaries, and all other Personal Ministries Personnel

EYES MENTORSHIP

MAY



EMPOWERING YOUTH ENGAGING SOCIETY
West Jamaica Conference Mentorship Initiative

MENTORSHIP TRAINING 2026

TRAINING SCHEDULE

HANOVER

SUNDAY, MAY 17, 2026
9:00 A.M. – 2:30 P.M.
FACE-TO-FACE | HANOVER
PROBATION OFFICE

ST. JAMES

MAY 11, 12, 14, 18, 19 & 21, 2026
7:00 P.M. – 9:00 P.M.
ONLINE

ST. ELIZABETH

May 18, 19 & 21, 2026
7:00 p.m. – 9:00 p.m.
Online

WESTMORELAND

MAY 18, 19 & 21, 2026
7:00 P.M. – 9:00 P.M.
ONLINE

DO YOU WANT TO BE A TRAINED MENTOR?



Open to prospective mentors who are passionate about youth development, community impact, and nation-building.

Be part of the solution.

*Build stronger youth. Strengthen communities. Help shape a better nation.
Interested persons may fill out the registration form on the WJC website.*

Contact Information: Email: mentorship@westjamaica.org
westjamaica.org

SCAN HERE



CONFERENCE EVENTS

JUNE



West Jamaica Conference
Health Ministries Department

Invites all churches to participate in our

5K HEALTH WALK 2026

SAVE *the* DATES

ST. ELIZABETH
JUNE 7 | 6AM

ST. JAMES
JUNE 14 | 6AM

WESTMORELAND
JUNE 21 | 6AM

HANOVER
JUNE 28 | 6AM



< PLEASE SCAN
TO REGISTER

[HTTPS://FORMS.GLE/K85DF1KWY2RPVXV6](https://forms.gle/K85DF1KWY2RPVXV6)

TIPS:



WEAR COMFORTABLE WALKING GEARS

TAKE A BOTTLE OF WATER

FOR MORE INFO PLEASE CONTACT YOUR LOCAL HEALTH MINISTRIES DEPARTMENT.

CONFERENCE EVENTS

JULY-AUG



West Jamaica Conference
Youth Ministries Department

WESCON YOUCA 2026



CAMP BRAHAM
TREASURE BEACH | ST. ELIZABETH

Save THE Date

JUNIORS

JUL. 21 - JUL. 28

SENIORS

JUL. 28 - AUG. 4

CONTACT YOUR YOUTH LEADER FOR MORE DETAILS!

CONFERENCE EVENTS

JULY

WEST JAMAICA CONFERENCE OF SEVENTH-DAY ADVENTISTS

NOTICE THE SEVENTH QUADRENNIAL SESSION FOR WEST JAMAICA CONFERENCE

Notice is hereby given that the **Seventh Quadrennial Session of the West Jamaica Conference of Seventh-day Adventists** will be held on **JULY 12 - 13, 2026** at the **Seventh-day Adventist Conference Centre, Mt. Salem Road, Montego Bay. St James.**

Registration begins at 9:00 a.m. at the Noel Frazer Auditorium.

This session is called to:

- ◆ Receive reports from the officers and the various departments.
- ◆ Elect Administrators and Departmental Directors to serve the ensuing term.
- ◆ Consider revisions and changes of the Conference's constitution and by-laws.
- ◆ Discuss and appropriately adopt the strategic plan to guide the activities of the Conference.
- ◆ Transact such other business as may be placed before the delegates

Vincent Rose, President
Donovan F. Williams, Executive Secretary
Marion Barrett-Popkin, Treasurer



LOCAL EVENTS

JULY



NORWOOD

SAVE THE DATE

Putting
God in the
Midst of
HARVEST 2026

2 Days for Harvest Celebration 2026.

*Friday Evening Online Vesper Service
& Sabbath Celebration*

JULY 10-11

LOCAL EVENTS

MAY



Seventh-day Adventist Churches
Lilliput, Power of Love & Ocean Heights
invite you to

Prepare to **MEET** *thy* **GOD** **EVANGELISTIC SERIES**



With Evangelist
**Livingston
Burgess**



With Co-Evangelist
**Lataniel
Hamilton**

STARTING
APRIL.19²⁰
26

SUN-THUR 7:00PM
SABBATHS 9:15AM
REST NIGHTS: TUE & FRI

Special Features

- Powerful Preaching
- Soul-stirring Singing
- Baby Blessing
- Bible Study
- Weddings



Under the Tent at
Red Ground Ball Field
Lilliput, St. James

LOCAL EVENTS

MAY

THE LUCEA SEVENTH-DAY ADVENTIST CHURCH

INVITES YOU TO

MESSAGES OF HOPE *Evangelistic Series*



SPECIAL FEATURES

POWER PACKED PREACHING / PRAYER SESSIONS
INSPIRATIONAL SINGING / BABY DEDICATIONS



WITH PASTOR
DEVON HEATH
EVANGELIST

STARTING: SABBATH,

APRIL 18
2026

NIGHTLY MEETINGS START AT 7:00 PM
SABBATHS AT 9:15 AM



LUCEA
SEVENTH-DAY ADVENTIST
CHURCH, LUCEA, HANOVER

REST NIGHTS
Tuesdays & Fridays

Live on
Lucea
SDA



HOST PASTOR
OWEN GRANT

THIS IS YOUR SPECIAL INVITATION TO THE

REVELATION OF HOPE

EVANGELISTIC SERIES

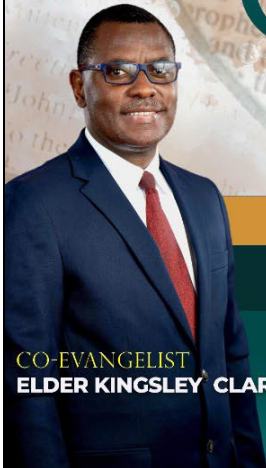
STARTING: **APRIL 18, 2026**

AT THE PLAYFIELD ACROSS FROM BOTTOM ROAD SDA

7:00 PM NIGHTLY || 9:00 AM - SABBATHS

REST NIGHTS: TUESDAY, & FRIDAY

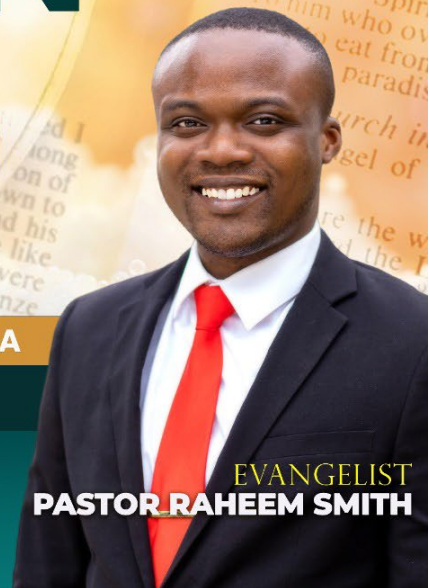
Seventh-day
Adventist
Church
BOTTOM ROAD



CO-EVANGELIST
ELDER KINGSLEY CLARKE

JOIN US FOR:
UPLIFTING SINGING || SERMONS OF HOPE || SPECIAL HEALTH,
FINANCIAL, AND PERSONAL DEVELOPMENT FEATURES.

A Blessing Awaits!



EVANGELIST
PASTOR RAHEEM SMITH

LOCAL EVENTS

MAY



Seventh-day Adventist Churches
DIAS & BLENHEIM

invite you to

BUILDING STRONG Families

IT'S ABOUT TIME
EVANGELISTIC SERIES

MAY
02
to
30
2026

NIGHTLY 7:00pm
NO MEETINGS ON FRIDAYS

SABBATHS 9:15am

UNDER THE TENT IN
Blenheim,
HANOVER

◀ CO-EVANGELIST

Pastor
Dwayne Thompson
Pastor, Dias District of
Seventh-day Adventist Churches



WITH EVANGELIST ▲

Pastor
Charles T. Brevitt
Vice President,
West Jamaica Conference of Seventh-day Adventists



LOCAL EVENTS

MAY



SEVENTH-DAY ADVENTIST CHURCH
WELCOME HALL AND LADEN MOUNT
P R E S E N T

GOD'S FINAL CALL

Evangelistic Series

Starting

16 TH MAY 2026

7:15PM NIGHTLY

9:15AM ON SABBATHS

VENUE: SDA CHURCH,
LADEN MOUNT

Rest Nights
Tuesdays and Fridays

JOIN US

 **YouTube**
@ LADEN MOUNT SDA

 **MEETING ID: 820 2723 7620**
PASSWORD: 1977



WITH PASTOR

SHANE NEAL

CO-EVANGELIST

ELDER TREVOR HIBBERT

IN CASE YOU MISSED IT...

APRIL

Please click to view video content.

West Jamaica Conference

“While Men Slept”

Speaker: **Evg. Steve King**
Evangelist, WJC

Sabbath **May 2, 2026**
Starting: 9:30p.m.

LIVE ON: WCCN | Facebook | YouTube | BLESS TV

Online Worship Experience || Morning Session || Sabbath, May 2, 2026

West Jamaica Conference of Seventh-day Adventists

REST REFLECTION AND RESTORATION

Friday Evening Vesper Service

LIVE ON: WCCN | Facebook | YouTube | BLESS TV

Rest, Reflection & Restoration || Friday Evening Vesper Service || May 8, 2026

West Jamaica Conference

The BIBLE STUDY Hour

GROWING BY A RELATIONSHIP WITH GOD

Bible Study Hour || 2nd Quarter || Lesson 6 | May 9, 2026

West Jamaica Conference of Seventh-day Adventists

HOPE AT THE MERCY SEAT

Wednesday Night Prayer Service

LIVE ON: WCCN | Facebook | YouTube | BLESS TV

Hope at the Mercy Seat || Wednesday Night Prayer Service || May 6, 2026

SCREENED & SAFE: THE FIGHT AGAINST CERVICAL CANCER



By Dr. Courtney Watson, Obstetrician/Gynecologist

Cervical cancer remains a significant health concern for women globally, yet it is one of the most preventable and treatable forms of cancer when detected early. To shed light on this condition, Dr. Courtney Watson breaks down the essential facts every woman needs to know.

1. What is Cervical Cancer?

Cervical cancer is a type of cancer that occurs in the cervix—the lower part of the uterus that connects to the vaginal canal, often referred to as the “neck of the womb.”

2. What are the warning signs?

Common red flags include bleeding after sexual intercourse, bleeding between periods, and abnormal or foul-smelling discharge. However, Dr. Watson emphasizes that patients should not wait for these symptoms to appear. A Pap smear can detect cellular changes before they reach the stage where physical symptoms occur.

3. What causes Cervical Cancer?

Over 90% of cervical cancer lesions are caused by the Human Papillomavirus (HPV). Additionally, individuals who are immunocompromised—due to conditions such as HIV or other chronic diseases—are more prone to developing cervical cancer if the virus is present.

4. How does screening aid in prevention and detection?

Screening is highly effective in reducing a woman's risk. This is typically done via a Pap smear, though HPV testing is also a vital tool. Women who are regularly screened every one to three years are at a significantly lower risk of having precancerous lesions progress into invasive cancer.

The Importance of Early Intervention

Cervical cancer is generally a slow-developing disease, which provides a crucial window for medical intervention. Through a combination of HPV awareness and consistent screening, the transition from a minor lesion to a life-threatening illness can be stopped in its tracks.

Don't wait for symptoms to appear. Consult your gynecologist today to ensure your screening schedule is up to date.

West Jamaica Conference of Seventh-day Adventists'

ONLINE **LIVE** WORSHIP *Experience*

For announcements on NCU FM Church Bulletin Board, email information to:

sales@ncumedia.com

Our mailing address is:

PO Box 176, Catherine Hall, Montego Bay, St. James, Jamaica

Want to change how you receive these emails?

Telephone:

1 (876) 656-7800; 1(876) 952-2727; 1 (876) 979-9026;

1 (876) 618-2416; 1 (876) 618-2417 and via Digicel at 1 (876) 448-8416.

To Give Visit:

give.westjamaica.org

ADMINISTRATORS:

Pastor Vincent Rose

President

Pastor Donovan Williams

Executive Secretary

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